



## **Benefits and Programs of the 7th Grade Membership**

- Free limited access to the RARITAN BAY AREA YMCA
  - Saturday 9:30am – 5:45pm
  - Sunday 9:30am – 4:45pm
- Ability to sign up the Teen for classes and Teen Programs at the member rate
- **Family Center**
  - Saturday and Sunday 1:00pm – 4:00pm
- **Open Swim**
  - Saturday and Sunday 9:30am – 4:00pm
- **Gymnasium**
  - Saturday 9:30am – 5:00pm
  - Sunday 9:30am – 4:00pm
- **Health and Wellness Center**
  - RPM Class Saturdays at 10:00am \*indoor cycling class\*
  - Body Combat Sundays at 11:00am